

CURRICULUM VITAE

Andrew D. Cox – March 15, 2007

Facility Director, Fondren Orthopedic Group- The Woodlands Physical Therapy

Education:

University of Texas Medical Branch

Galveston, Texas

1989-1991

Physical Therapy

Bachelor of Science, August 1991

Texas A&M University

College Station, Texas

1985-1989

Physical Education - Exercise Technology

Bachelor of Science, August 1989

Continuing Education:

Sportmetrics

Hilton Head, South Carolina, May 2006

Strength and Conditioning Specialist

Houston, TX, Feb 2004

**Institute for Physical Arts- Functional Orthopedics I and II,
Lumbopelvic Integration, Cervical-Thoracic Integration**

Houston, Texas, April 2004- April 2005

Strength Training Specialist

Houston, Texas, September 2000

Let's Talk Ethics

The Woodlands, Texas, September 2000

Rehabilitation of the Shoulder

Video Course, August 1999

Wheelchair Measurement and Fitting

Video Course, April 1999

Management of the Arthritic Knee

Correspondence Course, November 1997

American Heart Association CPR Instructor

The Woodlands, Texas, February 1997

Back to Golf

Dallas, Texas, March 1996

Basic Radiology for Rehabilitation Specialists

Houston, Texas, December 1995

International Approach to Evaluation & Specific Joint Manipulation

Houston, Texas, April 1994

Arthrokinematic Therapy

Houston, Texas, December 1993

Clinical Instructors Workshop

Houston, Texas, November 1993

Inclinometric Measurement for Rating Spinal Impairment

Houston, Texas, February 1993

Guidelines for Pressure Ulcers: Prediction, Prevention, Treatment & Clinical Implications

Houston, Texas, November 1992

Innovations in Sports Medicine

Galveston, Texas, June 1992

Closed Kinetic Chain Workshop

Houston, Texas, August 1991

Licensure Information/Registration Number:

Texas #1072577

Employment and Positions Held:

Facility Director

TIRR Rehabilitation Centers- The Woodlands

The Woodlands Texas

December 2002- May 2005

Coordinator - PTA Program

Montgomery College

Conroe, Texas

February 2000 – December 2002

Post-Rehabilitative Program Personal Trainer / Staff Educator

Cypress Creek YMCA

June 2001- May 2004

Academic Coordinator of Clinical Education - PTA Program

Montgomery College

Conroe, Texas

September 1999 - February 2000

Director of Physical Therapy

Memorial Hospital - The Woodlands

The Woodlands, Texas

January 1995 - September 1999

Physical Therapist

Sports Medicine & Performance Institute of Texas

Houston, Texas

February 1993 - December 1994

Physical Therapist

David P. Williams & Associates

Houston, Texas

August 1991 - February 1993

Consultative and Advisory Positions Held:

Health and Wellness Advisory Committee

Cypress Creek YMCA

June 2001- present

Board Member

Texas United Futbol Club

May 2000 – May 2001

Advisory Committee

Montgomery College PTA Program

April 1997 – Present

Advisory Board

Q The Sports Club

August 1994 - August 1996

Advisory Board

Professional Fitness Instructor Training School

May 1993 - Present

Community Activities:

**Youth Soccer Coach: Klein Soccer Club, Texas United Futbol Club,
Texans Soccer Club Spring 1996- present**

Rotary Club of The Woodlands

Board of Directors, July 2002-present

July 1997 – Present

Workshops for Golfers: *Importance of Conditioning for Injury Prevention & Performance Enhancement*

February 1996 – Present

Workshop for Youth Soccer Coaches: *Soccer Training Technique & Injury Prevention*

September 1995

Workshop: *Memorial 55+ Program- various topics*

March 1995 – July 1999

Scientific and Professional Presentations:

The Biomechanics of the Golf Swing

May 1997

Management & Prevention of Back Pain for the Golfer

December 1995

Professional Fitness Instructor Training School

May 1993 - Present

Continuing Education Workshops Conducted/Organized:

Post Rehabilitation Training

Houston, TX; Columbia, SC; Dallas and Fort Worth TX; San Francisco and Huntington Beach, CA

November 1997 – Present

Continuing Education Seminars for Personal Trainers

Houston, TX

April 1995 - Present

Get Back in Motion

Houston, TX

February 1994

Previous Teaching Responsibilities:

PTHA 1413 - Functional Anatomy

Montgomery College, Lecture & Lab Instructor

Spring 2000, Fall 2000, 2001

PTHA Current Issues in Healthcare

Montgomery College, Lecture & Lab Instructor

Spring 2001, Fall 2001

KINE 1134 Fundamentals of Soccer

Montgomery College, Instructor

Fall 2000, 2001

PHTA 1403 - Physical Therapy III, Principles of Therapeutic Exercise

Montgomery College, Lecture and Lab Instructor

Summer 1997, 1998, 1999, 2000, 2001, 2002

PHTA 2203 - Selected Advanced Topics in Physical Therapy

Montgomery College, Symposium on Sports Medicine

Summer 1998, Spring 1999

PHTA 1402 - Physical Agents

Montgomery College, Lecture & Lab Instructor

Fall 1999, 2000, Spring 2001, 2002

PTHA 1201 - The Profession of Physical Therapy

Montgomery College, Lecture Instructor

Spring 2000, Summer 2001, 2002

Contact Information:

Telephone: 281-362-7700

E-mail: ac95@fondren.com