

R. WAYNE HUNT

Director of Operations Professional Fitness Instructor Training

International Lecturer / Presenter

Fitness Education Consultant

Personal & Group Fitness Instructor

Rehabilitative Exercise Specialist

Degrees: Bachelor of Science in Applied Science and Technology, Master of Arts in Education

Certifications:

PFIT-CPFT

PFIT-CGFI

PFIT-RES-C

PFIT ESNS-C

American College of Sports Medicine HFI

National Strength & Conditioning Association CPT

National Academy of Sports Medicine CPT

Resistance University - Resistance Training Specialist - RTS

ACE Foundation Gold Certified - GFI & PT

National Council of Strength & Fitness

Cancer Exercise Specialist

Pilates Plus - Mat I

Founder and Co-Director of Professional Fitness Instructor Training

Basic and Advanced Professional Personal Fitness Instructor Training

ACIM / ACE / AFAA / NASM / ACSM Continuing Education Provider

Founder and Co-Director of Certification Programs

for the American College of Integrative Medicine CPFT, RES, AHPS

for the Baylor Sports Medicine Institute CPFT & CGFI & RES

for the Sports Medicine and Performance Institute of Texas

Co-Author of PFIT School Manual and Continuing Education Course Outlines

Adjunct Faculty - Houston Community College - P.E. Dept.

Over 20 years as Owner and Manager of Multipurpose Fitness Facilities and Aerobics Studios

Over 25 years Fitness Training Experience

Bilingual - English / Spanish